EVERNORTH HEALTH SERVICES Teladoc HEALTH

Add healthy habits to medication for lasting results

EncircleRx℠ and Teladoc Health



What

Enroll and engage in Teladoc Health to get your medication* covered, if clinically eligible:

+ A virtual health program that provides comprehensive care programs for weight & obesity management grounded in clinical expertise, designed to support members on their journey to achieving & maintaining cardiometabolic health
+ $0 cost to participate in Teladoc Health
+ Filling your medication required prior authorization from your doctor to confirm eligibility criteria is met

Why

Teladoc Health will help you on your journey by complementing the impact of your medication:

+ Support from expert health coaches, registered dietitians, & mental health coaches
+ Personalized weight-loss program with evidence-based curriculum connected weight scale
+ Mobile app with food & activity tracking
+ Access to BetterSleep Premium app to improve sleep quality

How

You will need to participate in the Teladoc Health program, meeting the following requirements each month:

+ Engage four times on the Teladoc Health-provided connected weight scale
+ Use the Teladoc Health app four times by engaging with your health coach or other expert or participating in other app curriculum activities

Enroll today!

Register or log in to esrx.com/healthsolutions

Then sign up by downloading the Teladoc Health mobile application

For more information, contact your Express Scripts representative

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*Teladoc Health is available at no additional cost to you. Your health plan benefits may require you to pay out-of-pocket costs for your medication and meet additional requirements for medication coverage. CRP1505502